

THE HERALD'S PAGE FOR EVERY WOMAN

STREET CAR RULES THAT EVERY WOMAN SHOULD ADOPT AND PASS ALONG

By JULIA CHANDLER MANZ.

It was going home yesterday on a crowded car. An elderly woman staggered down the aisle until she could find a strap. The one she chose was in front of a young girl, a schoolgirl, not more than sixteen years of age. She gave the elderly woman a swift glance, then swept the long line of seated men with a scornful look, and rose to give the little old lady hanging to a strap her own place.

I would be proud to be the mother of that girl, wouldn't you?

This thoughtful, considerate, reverential action is in striking contrast to what one usually sees on Washington street cars. In no city of America in which I have been have I seen people so selfish and thoughtless on crowded cars as in this city.

In some of the lines the service is pitifully inefficient to meet the public demand, which is all the more reason that we think of others just a little bit and not spread over an amount of space that would amply meet the need of some one hanging to a strap in front of us.

I have seen women stomp packages, bend down to pick up a package, sufficient space for some one to sit down. Others spread out their skirts and when asked to move up just a bit to accommodate some one else, they are disgruntled.

The other day I saw a woman who, when asked to move up, said: "I am a mother, and I have a child with me." She then spread out her skirt and when asked to move up just a bit to accommodate some one else, they are disgruntled.

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Daily Fashion Talk for Herald Readers

SIMPLE TUB DRESS EASILY MADE



LADIES' HOUSE DRESS.

No garment, no matter how elaborate, is more becoming to a woman than a simple house dress made of some pretty wash material. It is very simple to make, and is so useful, and its daintiness makes her attractive.

The dress illustrated is of the simplest. It has Gibson tucks at the shoulders in both front and back, and these extend all the way to the hem. The sleeve is at one side of the waist. The sleeves are the plainest of leg-of-mutton shape and full length.

The skirt is gathered and fits snugly, having a reversed pleat in the center of the back.

Cashmere, cheviot, albatross, gingham, muslin and other wash materials will be suitable for this style, and the collar may be detachable and of white lawn and lace.

The pattern 4650 is cut in sizes 32 to 40 inches bust measure. Medium size requires 1 1/2 yards of 44 inch material.

The above pattern can be obtained by sending 10 cents to the office of this paper.

NEWS NOTES OF THE VARIOUS SHOPS

Among other interesting revivals are to be noted fashions and fashions of many sorts. Satin, for instance, is being worn in the greater number of summer gowns. They may have straight at the back or they may be bowed, they may be knotted at the side of the front and at the natural waist line, or they may be lifted above it. Wide ribbons are liked for the purpose, and dealers are exploiting new ones that are really fascinating both in color and design.

Among novelties shown in a P street shop are flowered centers with velvet borders and ribbons that give an effect of being veiled with gauze. Velvet ribbon is used also, but in narrower widths. Black velvet ribbon upon white gowns is among the smartest of all things. Some of the French designers are even showing arched knotted at the side of the front on tailored coats, and satins may safely be looked for in large numbers and in interesting variety.

Flowers are always attractive. The genuine carnations are being much shown, and there are many variations of the idea. Not less trimmed, is a favorite material, but all the time soft lingerie fabrics are used.

Marquise is lovely and marquisette trimmed with Valenciennes lace is exploited. Many of the motifs are knotted at the bust line in the front and give a delicate feminine touch to the toilet, but there are others, again, that are knotted and carried round to the back, where they form such ends.

Variations of the helix idea are found in all the shops in the river valley of the East. The helix is a simple, and some of the latest of these are made with deep pointed lapped fronts and square sailor backs. Oddly shaped backs are indeed a feature.

A novelty shown in one of the Washington shops is a simple, but brilliant, coat of blue, with a long, burning, flared collar that consumes its own shape, thereby preventing the annoyance of draping and avoiding the use of pins. It can be fitted to any variety of bodice, and accepts and accepts a style of paper or fancy shade without the use of a bodice.

This novelty, complete with globe and canopy, is a cent.

To Remove Mildew.

To remove mildew, rub over the marks with the juice of a raw tomato, sprinkle with salt, and lay in the sun. Repeat the process, if necessary, two or three times.

ONE-PIECE APRON REALLY PROTECTS



ONE-PIECE KITCHEN APRON.

This is an apron that really protects, and no matter what the weather is doing, her dress will not suffer.

The apron is cut in a single piece, but in order to fit it is a little to the dress, but it is run in under the arm at each side. The apron is cut out quite deep around the yoke line, and the armhole is also large. The fastening is effected by a single button that at the line of the shoulders in the back.

Gingham is the material best fitted for this one. The edges must be hemmed or bound with some cheap cotton braid matching the gingham in color. There are a number of white calicoes, and a marked design that make pretty aprons, though less serviceable.

The pattern 4651 is cut in sizes 32 to 44 inches bust measure. Medium size requires 2 yards of 36 inch material.

The above pattern can be obtained by sending ten cents to the office of this paper.

AMERICAN MOTHERS FAMOUS FOR HER CARE OF BABY AND NEGLECT OF CHILD

By RUTH CAMERON.

The question came up as to whether a certain little mother was doing the right thing to allow her first baby to completely absorb her, to the extent of absolute neglect or indifference to all other interests.

"Margaret used to be so interesting and progressive and alive," said her critic. "She read John's law books and took an interest in all his cases, and she used to read history with her younger sister, who is teaching. She always read the papers and magazines and took such an interest in current affairs that John said she was better to talk to than any man. And she was always ready with so bright ideas for the club and church entertainments. And now she's absolutely different. Of course, she was tired down when the baby was little, but now he is a year old, and she has a splendid maid, and she might leave him occasionally, but she won't. Of course, she could not do as much as she did, but she might do something except hang over that baby. Why she never reads anything, and she goes about the house looking untidy half the time."

"She worries over the baby so that she is getting to look old and careworn at twenty-eight," said another. "I think it's all right," promptly protested the man-who-thinks. "Perhaps it isn't much fun for John or for you girls who want her to be feeding around with you, but it's great for the baby. And that's the way it should be. She's devoting herself to bringing up a fine, healthy boy, and if she does that, she'll be doing more for the world than all the women who fuss around with church entertainments and brownie clubs and neglect their babies."

Then the lady-who-always-knows-something took the floor.

"Isn't there a middle course?" she inquired. "It may be good for the baby for Margaret to half kill herself over him and lose all interest in anything else, but how is it going to be when the baby is three? Doesn't she owe him something then? You all know little Mrs. Harrison. That's the way she brought up her five children—just gave herself up to them, dropped all contact with the world and all her social interests—made herself a slave to their clothes and their meals and their whims, and now they are grown up, what kind of a company is she to them? None at all."

"She's buried herself in the home so long that she can't understand the outside world that they are naturally interested in. And so she's bewailing that."

TAKE SLEEP CURE DURING LENT

The cessation of social activities during Lent gives to many fashionable women the opportunity to take rest, to indulge in fresh beauty treatments, and generally prepare for the safety of the Easter season.

The average housewife's social affairs do not assume the position of "duties," but she cannot do better, however, than to copy this plan of her more fashionable sister and make Lent a time for a yearly sleeping cure.

Take the pictures, covers, and as many things as might attract the eye out of the spare room, put up dark green shades that may be drawn down over the window, open this top and bottom, and then set aside three hours a day or more if possible to lie on the bed in the room and sleep or doze.

Spent Week There.

Don't read, try not to think, spread your face with cold cream, and put on your medicated gloves if you want to do a little beautifying at the same time, but learn to keep your eyes closed and your mind follow for those hours.

Some women spend a week at a time in the room, having very simple meals brought to them, and going out only for an hour's brisk walk every day; but even a few hours each afternoon will work wonders toward eliminating the feeling of tired irritation that has so many of us in its grip at this time of year.

Smart Belts.

Exceedingly good looking belts are shown for wear with the two or three piece suits for early spring. Generally these are very wide and crushable, made up in moire, in soft, rich ribbed silk, in velvet, suede, and soft kid, with plain buckles covered to match the belt. Belts of the same kind are seen in vivid colors, as well as the darker shades, and these are very smart when worn with the linen suit of two-piece frock.

HOW TO PLAN AN IDEAL ROOM FOR CHILDREN

In planning a nursery for the suburban home, a mother should consider the fact that it is to be a room for her children, and not a room for her own use. It should be a room where the children can play, and where they can learn, and where they can grow.

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SEEN ON THE STALLS OF THE MARKET

Suggestions for the Help of the Busy Homemaker in the Planning of Her Meals.

Never does the system demand green things to eat in the early spring, and no vegetable has more beneficial qualities than spinach. The trouble with many housewives is that they learn one way of preparing a certain dish and never discover that it is all wrong. One gets very tired of a food prepared over and over in the same way.

And spinach is one of those vegetables which housekeepers serve again and again in the same style. When a change is desired, buy a dime's worth of spinach and make ravioli.

Clean, wash, and cook the spinach. Drain completely and chop very fine. If you cannot procure spinach, use beet tops. One-half cup of chopped parsley, three cloves garlic, chopped fine. (Use more or less of this as you like.) One cup of cracker crumbs, four eggs, a little salt, and enough olive oil to moisten. If

beams are liked, clean, boil, and chop a part, mix ingredients, and set them aside. I always make my filling the day before.

Beat one quart of flour, two eggs, small cup of water. No salt, work paste until smooth. Roll rather thin and divide in half. Put your filling on one piece, a generous spoonful to each of the ravioli, and cover with the other thickened of paste. Wet the paste on the sides around the filling before putting on upper layer. Cut with a ravioli cutter, which can be bought for about 10 cents. When all are done, cook in boiling salted water for half an hour. Have ready any kind of good rich gravy and a bowl of grated cheese. When the ravioli are done, arrange them in a dish with layers of gravy and cheese, the cheese on top.

In making ravioli you must use your own judgment about the ingredients. Some persons like more cheese, some more oil.

Tender spring onions have medicinal properties, which make them an invaluable food. Two bunches for 5 cents brings them within the reach of every home.

Fruit is indispensable to good health. Grapefruit, for instance, a tart breakfast course to begin the day with. It rids the mouth of that dark brown taste in the morning as no other fruit can. Splendid ones are obtainable on the stalls of the market, four for 5 cents. A half of a grape fruit is sufficient for one person.

Apples are extremely scarce and consequently high. They are seen on the stalls of the market at 30 cents a quarter bushel, and choice eating ones that have been carefully selected run as high as 50 cents and 75 cents a dozen.

Strawberries have come down a peg or two. Very nice looking ones are shown at 25 cents a basket to-day.

After the signal separate and select other partners. Favors are given to them before they go for their partners.

The girls are given favors for men, and the men take favors for girls, and they in turn "favor" whoever they please. After this the two dance until the signal separates them, and the young women are returned to their seats by their partners. Then a second ten couples lead off, and so on until the figure is ended.

There are all sorts of clever figures for the cotillon, some do not require favors. One young Washington woman has made the leading of cotillions her specialty; she is a fine dancer and most clever in working out original figures. Her services during the season are in great demand.

She furnishes the favors when the hostess desires it, in fact, she will plan the entire dancing programme and furnish the music. A charming young woman pianist generally accompanies her, and dancing to her absolutely correct rhythm is a delight.

Many of the old-time dances are being revived, and I heard a celebrated dancing master say recently that society should not confine itself to the waltz and two-step, but embrace many steps and figures, so his teaching is along these lines, including fancy dancing, which is once again classed as a necessary accomplishment, besides being most excellent exercise.

Scratches on Furniture.

Housekeeper—The following mixture is excellent for removing scratches from furniture: Mix equal parts of linseed oil and turpentine, dip a flannel into it, and rub it well into the scratched parts. Polish with a soft duster, and you will find that the scratches will be almost invisible.

Short Nail for Workers.

Women of leisure may allow their finger nails to grow to a slightly greater length than is advisable for the busy woman. The short finger nail looks rather nearer 14 the individual has but little time to give to the manicuring of these most notable features of the dainty woman's makeup.

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ANSWERS TO QUESTIONS ASKED BY HERALD READERS

EDITOR'S NOTE.

Answers to all questions sent to this department will be printed in regular order.

Where a question involves the names of business firms or is of too personal a nature to be answered here, a self-addressed, stamped envelope must be inclosed for reply by mail.

Readers desiring immediate information in matters of etiquette or household perplexities may telephone their questions, and they will be answered immediately, where it is possible to do so.

Questions which require research may take several days for answering.

White-Finger Nails.

Clarita—If white finger nails suggest poor circulation which may be stimulated with proper exercises. Gymnastics will distribute the circulation, improve your general health, and when this is done the blood will not rush to the hands.

Regarding the German.

Edna S.—So many questions have been asked about the cotillon, or the German, as it is commonly called, that the following description will be welcome doubtless to many readers, especially those in the younger set:

RINGS FOR LITTLE FINGER POPULAR

Are a Quaint Fashion and Not Expensive.

Rings for the little finger are among the popular fads. The "little" rings are responsible for jewelry that is quaint and distinctive, yet smart, as the everyday sort appears incongruous when worn with a gown modeled on that of a peasant.

The ordinary stones in commonplace settings are not used for little-finger rings, but well-colored stones, precious and semi-precious, are set in carved quoits of gold or silver or platinum.

The lapidary has found a remarkable number of new quartz and matrices that can be used for these little-finger rings, and the fashion has brought about a revival of carving on quartz and crystal. Translucent stones are used as well as veined opaque ones. Heads are carved on these, and sometimes figures from ancient fables. The idea is to make the ring as simple as possible, so diamonds are not introduced.

Among the special finds of women who travel are the Indian rings of Pazez

BE WORN ON STREET

A marquisee frock sounds rather out of place on the street, but in black and white stripes, with the black dominating, this is really a most sensible frock, since cotton marquisee sheds the dust beautifully.

This particular marquisee frock, which was seen in one of the large shops, was relieved with a touch of king's blue in the yoke and in the large revers which trimmed the front of the dress.

Made over a slip of black china silk, it was cool and smart, and eminently suitable for the street.

Do Not Complain.

If you have not slept, or if you have slept, or if you have headache or sciatica or leprosy or thunderstroke, I beseech you, by all angels, to hold your peace and not pollute the morning, to which all the housemaids bring serene and pleasant thoughts, by corruption and groans. Come out of the azure. Love the day.—Emerson.

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S. KANN & SONS
8th St & Pa Ave.
THE BUSY CORNER

ANOTHER BIG LOT OF SILK REMNANTS
25c and 39c Yd.

We have been selling so many silks worth from 50c to \$1.00 a yard that we have a big accumulation of short lengths, from 2 to 12 yards, which we have put into two lots, as follows:

50c to 75c values	Lengths in this lot from 2 to 10 yards. Wash Silks, Messalines, Pongees, Poplins, Black Pongees, Black Striped Marquisettes, Peau de Cygne, Fancy Silks, Fancy Crepes, Jap Silks.	A yard 25c
69c to \$1.00 values	3 to 12 yard lengths. Foulards, Persians, Black Messalines, Plain Colored Taffetas, Fancy Waistings, Peking Striped Taffetas, Satin de Chine, Peau de Soie, Black Peau de Cygne, All-silk Pongees, 36-inch All-silk Messaline.	A yard 39c